

Adderbury

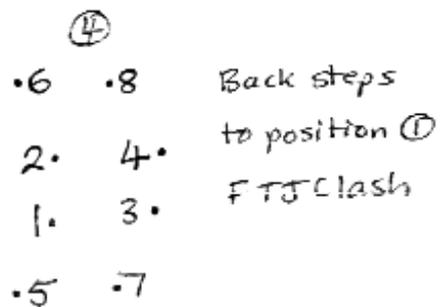
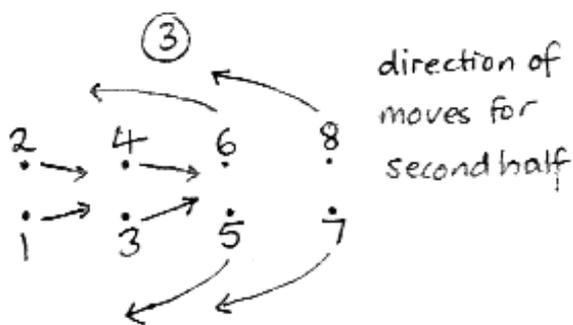
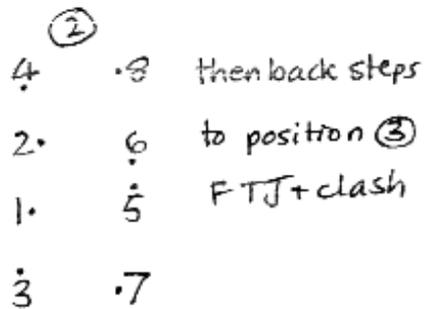
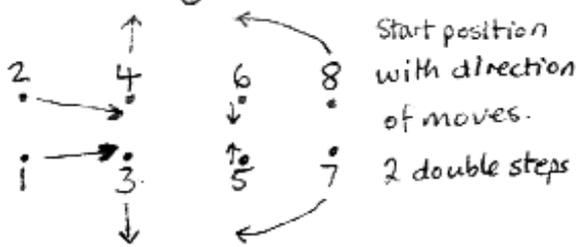
Figures:

- Foot up: Come in at end of once to yourself with BS, turning to face across and clash high forehand with opposite.
Move forward one place on first DS, stationary on second DS. BS to place. FTJ and clash. Repeat.
- Half gyp: DS to cross right shoulder with opposite, DS on the spot, BS to place. FTJ and clash.
Repeat passing left shoulders
- Tops down for 6: Top pair dance down set with 2 DS .Middles dance backwards, making space for the tops to fit in between them. Bottoms stand still, with right arms extended across the set. Top two pairs BS back or forward to place. Bottoms do introductory arm movements, all FTJ and clash.
Top two pairs dance down, Bottoms dance backwards to make space for the middles to fit in between them. All BS to set. FTJ and clash.
- Tops and bottoms for 8: See diagram on the next page !
- Hands around: Stick swapped to LH, grip RH with opposite and dance round 2 DS, slight pause halfway round, with free arms extended outwards. BS back to place, releasing grip, swapping stick to RH on BS ready for clash. Repeat gripping LH.
- Bottoms up: As Tops Down, but starting at bottom.
- Hey for 6: Tops face down, bottom 4 face up. All DS. Tops weave down their line passing right shoulders with middles, left shoulders with bottoms. Middles and bottoms weave up their line. Pause for 2 DS on the spot at halfway point and then continue weaving back to place, finishing with 2 BS, FTJ clash.
- Hey for 8: Ends face in, middles face nearest ends. All DS passing right shoulder with person facing to start hey. Continue weaving until back to place, ending with 2 BS (no pause in 8-person hey).

Style:

- Stepping: Right foot tradition. Double steps. R-L-R-hop, L-R-L-hop.
Sequence (usually) two double steps, followed by backstep sequence.
- Backsteps: Step onto right foot, hop on right foot; step onto left foot, hop on left foot; FTJ with high forehand clash to opposite. Generally the DS are moving or stationary, and the BS are stationary or done travelling backwards.
- Arm movements: Left arm held straight down at all times. On the two DS, right arm is held with upper arm straight down, and forearm horizontal to hold stick vertically at mid point. On back steps, right arm is extended up high on R BS and brought down on L BS. Arm is raised high again on the FTJ, and clashed forehand with opposite on the jump. Stick vertical except for sticking.

Adderbury Tops Down for 8



Adderbury Bottoms Up for 8

• = face !

