

## **The Quaker**

Chorus by Dave Lambie, 2025.

Dancers in 2 lines of 3. Face up.

Music: The Quaker.

### **Formula:**

Face up. Once to yourself (8 bars)

Foot up and down

----- Chorus

Half gyp

----- Chorus

Whole Gyp

----- Chorus

Rounds

----- Chorus

**Finish:** At end of final chorus in expanded (burst out) position all turn on the spot the easy way to face up on the first step (right) of the step back sequence in two lines of 3. Remainder of back step sequence on the spot facing up. Hold show briefly. Walk off.

**Chorus:** Dance on the spot, cross to other side of set, 'burst out' of set to expanded position, back step to opposite's position:

- SSR & SSL on the spot, SSR & SSL moving across the set to change sides with opposite.
- Four single steps to travel straight out of the set (two to move, two on the spot, similar to half-gyp). Set expands as wide as possible, bearing in mind the back steps have to take you to opposite's place. Single steps: Right-step right hop, left step, left hop. Robably 2.5-3 times starting set width.
- Back step sequence turning left shoulder back to opposite's position

**Note:** Check lines are straight during and after sidestep crossing, and after 'burst out'. All turn together in the backstep sequence.