

Bucknell

Figures:

- Once to yourself: On seventh and eighth bars flick hankies inwards, outwards, gather and jump.
- Foot up and down One double step to move forward and a second on the spot, two backsteps returning to original place and turn down on with FTJ. (turn out)
Repeat down, but use the FTJ to jump to face opposite across the set.
- Cross and twist: One double step to pass right shoulder with opposite and turn half a turn; turn your back on your opposite to finish facing them. Second double step on the spot followed by two backsteps to your opposite's place, FTJ.
Repeat back to place passing left shoulder with opposite and turning the opposite direction so again you turn your back on your opposite.
- Back to back: One double step to cross the set, passing right shoulders with opposite. Second double step to move sideways, then two backsteps into a straight line in the centre of the set followed by a FTJ. Repeat steps to retrace path to original place.
- Rounds: Two double steps clockwise (looking from above), four single steps on the spot, turning a complete 360' to your right (clockwise from above). Hands go down on R steps and up on L steps. Two double steps clockwise (looking from above), four single capers turning out (anticlockwise from above), and finishing with all dancers meeting in the centre of the set. Throw hankies up, shout "Hoi!" In some dances, eg Blue-eyed Stranger, these final capers are double capers
- Hey:
Ends: One double step to dance straight towards one another and just past, turning as you pass so that you keep facing one another. In the turn the tops turn 'bums in'. Second double step on the spot followed by two backsteps travelling back to place. FTJ to face across set.
Middles: One double step to dance between the tops, shoulder to shoulder with your opposite. Second DS to separate from your opposite. Two backsteps to place followed by a FTJ to face across set.
Repeat for whole hey.

Bucknell Style:

- Footing: Right foot tradition
- Double step: R-L-R-hop, L-R-L-hop.
- Feet together jump: Bring both feet together to push off for a strong jump
- Capers: Vigorous spring from one foot to the other
- Long sidestep: 7 step: Closed SSR, DS. Hop right. Closed SSL. FTJ.
- Hand-movements Brisk hand-movements. Rapidly down on the first beat of the bar. Try and make an audible 'snap' with hankies. During double steps the hankies come down from 'ear level' and during side steps from a full upward stretch bringing the hankies straight down centreline of body.
Sharp circular movements of the lower arm accompany capers.
Single steps are accompanied by down and up movements of both arms.
Backsteps have upper arms parallel to ground and hands held high