

Cadet

Origin: adapted from Berkshire Bedlam.

6 dancers in 2 lines of 3. Face up.

Music: Constant Billy.

Formula:

Once to yourself (8 bars) Back steps start on bar 7

Foot up and down

-----Chorus

Half gyp

-----Chorus

Back to back

-----Chorus

Rounds

-----Chorus

Finish: Finish facing up, after final chorus. Hold show briefly. Odds walk off towards top of set, evens turn out and follow.

Chorus: Sticking across set with opposite:

- Clash: high forehand, high backhand.
- Dib twice: tap ground with butt of stick to the right and slightly behind, bending right leg and dropping stick through fingers if needed.
- Throw: Move arm back, then forward throwing the stick (vertically) to opposite.
- Clash high forehand, high backhand.
- Half hey.
- Repeat.

Note: In the throw, be careful to push stick in vertical orientation across set to opposite.