

## The Lichfield Tradition as danced by Pigsty Morris

### **Lichfield figures:**

Stepping: Right foot tradition. Single steps for dance round and dance off. Double steps for figures. Each figure and chorus ends with capers. Stick held at ends for travelling, inclined 45 degrees, right end higher. Grip LH with knuckles over stick, RH cradles stick, knuckles down.

Hocklebacks: A set of 4 backwards travelling steps, used at end of figures, sometimes followed by capers: the footfall is single stepping, what is characteristic is the movement of the free leg. Left hop of previous DS is used to raise right foot. Bend right knee, and move foot outwards and backwards, stepping on to right foot. Hop on right foot and raise left foot. Bend left knee, and move left foot outwards and backwards, stepping on to left foot. Hop on left foot repeat the sequence, ending with a final hop on left foot.

Note: Try to get thighs near to horizontal in leg raises.

Once to yourself: Very quick start- remain stationary for 2 notes, ready to move on the third.

Dance round: -12 single steps - follow top pair round, as two lines of 4, odd side goes outside at the top and inside at the bottom, finish in parallel lines facing your opposite (move fast).  
- 3 or 4 capers in to meet, clashing sticks high forehand with your opposite on the last caper.

Heading up: - 4 double steps - 1<sup>st</sup> (top) and 3<sup>rd</sup> couples face up and dance on the spot, 2<sup>nd</sup> and 4<sup>th</sup> couples face up and dance out of set into line with 1<sup>st</sup> and 3<sup>rd</sup> respectively - move on 1<sup>st</sup> double step, dance in place for other 3 double steps.  
- 4 hocklebacks - to return to set, turning to face your opposite.  
- capers in place, clashing sticks high forehand with your opposite on the last caper.

Back to back: - 2 double steps - 1<sup>st</sup> DS passing right shoulders with your opposite into opposite position, 2<sup>nd</sup> to pass them 'back to back'; 4 hocklebacks back to place.  
- 2 double steps - 1<sup>st</sup> passing left shoulders with your opposite, 2<sup>nd</sup> to pass them 'back to back', capers backwards to place, clashing sticks forehand with your opposite on the last caper.

Heading down: - 4 double steps - 2<sup>nd</sup> and 4<sup>th</sup> couples face down and dance on the spot, 1<sup>st</sup> (top) and 3<sup>rd</sup> couples face down and dance out of set into line with 2<sup>nd</sup> and 4<sup>th</sup> respectively - move on 1<sup>st</sup> double step, dance in place for other 3 double steps  
- 4 hocklebacks - to return to set, turning to face your opposite  
- capers in place, clashing sticks high forehand with your opposite on the last caper.

Lichfield hey: - 14 double steps followed by capers (all start dancing on the first beat facing on the diagonals). Stick angled more vertically when passing. Turn shortest way at ends of set.

**Step 1:** 1<sup>st</sup> corner positions (1&4, and 5&8) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others dance on the spot.

**Step 2:** 2<sup>nd</sup> corner positions (2&3, and 6&7) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others dance on the spot.

**Step 3:** all pause (dance in place). Check positions.

**Step 4:** ends cross along the ends of the set, sides cross up & down the sides - all pass left shoulders.

**Step 5:** 1<sup>st</sup> corner positions (3&7, and 2&6) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others dance on the spot.

**Step 6:** 2<sup>nd</sup> corner positions (4&8, and 1&5) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others dance on the spot.

**Step 7:** all pause (dance in place). Check positions.

**Step 8:** ends cross along the ends of the set, sides cross up & down the sides - all pass left shoulders. The set is now inverted.

**Step 9:** 1<sup>st</sup> corner positions (1&4, and 5&8) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others dance on the spot.

**Step 10:** 2<sup>nd</sup> corner positions (2&3, and 6&7) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others stay in place.

**Step 11:** all pause (dance in place). Check positions.

**Step 12:** ends cross along the ends of the set, sides cross up & down the sides - all pass left shoulders.

**Step 13:** 1st corner positions (2&6, and 3&7) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others stay in place.

**Step 14:** 2nd corner positions (1&5, and 4&8) cross diagonally passing right shoulders and end up facing up & down the sides of the set or across the ends; others stay in place

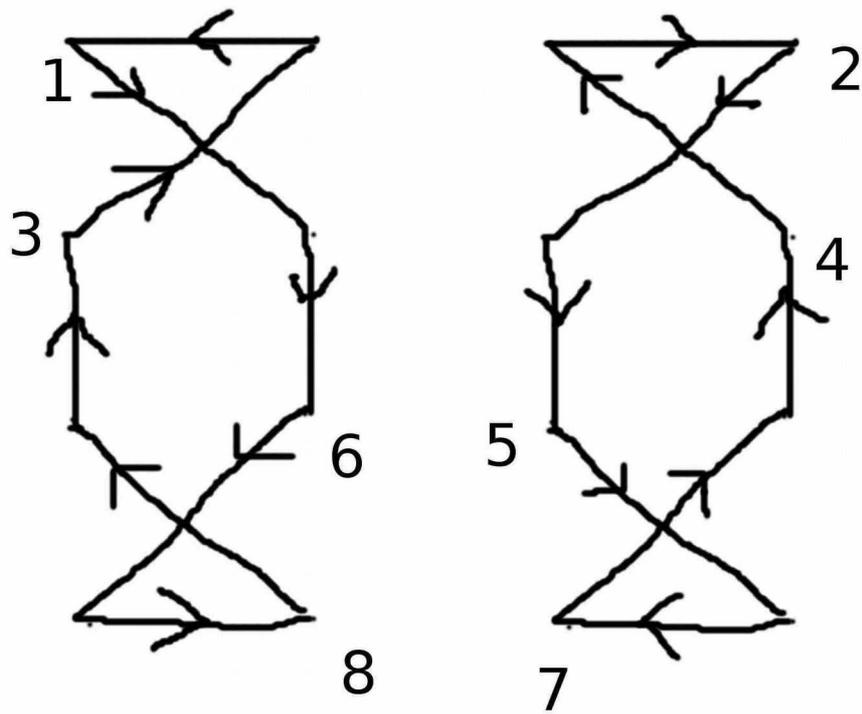
**Step 15 (three or four capers):** ends cross with capers passing left shoulders along the ends of the set facing eye to eye as they turn to place, sides cross with capers passing left shoulders up & down the sides to place. Final caper has forehand clash across set to opposite.

## Lichfield Hey diagram

Table shows dancers highlighted who will move on the named step.

1	2	4	2	4	3	4	3	3	4	7	4	7	8	7	8
3	4	3	1	2	1	2	1	8	7	8	3	4	3	4	3
5	6	8	6	8	7	8	7	2	1	6	1	6	5	6	5
7	8	7	5	6	5	6	5	5	6	5	2	1	2	1	2
<b>First corners</b>		<b>Second corners</b>		<b>All pause</b>		All <b>change</b> along sides and ends		<b>First corners</b>		<b>Second corners</b>		<b>All pause</b>		All <b>change</b> along sides and ends	
1 <sup>st</sup> step DS		2 <sup>nd</sup> step DS		3 <sup>rd</sup> step DS		4 <sup>th</sup> step DS		5 <sup>th</sup> step DS		6 <sup>th</sup> step DS		7 <sup>th</sup> step DS		8 <sup>th</sup> step DS	

8	7	5	7	5	6	5	6	6	5	2	5	2	1	1	2
6	5	6	8	7	8	7	8	1	2	1	6	5	6	3	4
4	3	1	3	1	2	1	2	7	8	3	8	3	4	5	6
2	1	2	4	3	4	3	4	4	3	4	7	8	7	7	8
<b>First corners</b>		<b>Second corners</b>		<b>All pause</b>		All <b>change</b> along sides and ends		<b>First corners</b>		<b>Second corners</b>		All <b>capers</b> at ends & middles <b>to set position</b>		Set position	
9 <sup>th</sup> step DS		10 <sup>th</sup> step DS		11 <sup>th</sup> step DS		12 <sup>th</sup> step DS		13 <sup>th</sup> step DS		14 <sup>th</sup> step DS		15 <sup>th</sup> step 3 or 4 capers		<b>End</b>	



This diagram shows the routes taken by dancers in the Lichfield Hey, from all the eight starting positions.